

# Bread for Life Community Food Pantry

## Food Donation Items

### Canned Goods:

Fruit (prefer packed in water or fruit juice)  
Vegetables (prefer "low sodium" or "no salt added")  
Soups - pull top  
Stews - pull top  
Peanut Butter  
Shelf-stable dinners (Ex: Hormel Compleats)  
Canned meats: tuna, chicken breast, SPAM, hams, etc.  
Shelf-Stable Milk (Ex: Permalat)  
Canned Pasta (Ex: Chef Boyardee)  
Spaghetti Sauces - all flavors

### Perishable:

1 lb. Meats  
Deli meats  
Deli cheese  
Yogurt  
Milk  
Milk alternatives  
Eggs  
Fruits  
Vegetables

### Dry Goods:

Pastas  
Mac & Cheese - large and individual  
Pasta Kits (ex:Suddenly Salad, Pastas Sides, PastaRoni, etc)  
Rice - all types  
Flavored Rice (ex: Rice-A-Roni, Rice Sides, etc)  
Oatmeal - large and individual  
Dried Beans - all types  
Instant Noodle Soups  
Crackers  
Cereal - large and individual  
Flour  
Sugar  
Ground Coffee - regular, decaf, and instant  
Tea  
Pancake Mix  
Cake and Brownie Mixes  
Frosting  
Biscuit mixes  
Breadcrumbs  
Stuffing Mixes

### Additional Goods:

Ketchup  
Mustard  
Soy Sauce  
Salad Dressings  
Gravy - all flavors (dry or jars)  
Cooking Oils  
Spices  
Juice Boxes  
Fruit Chews/rollups

### Non Food Items:

Toilet Tissue  
Tissues  
Paper Towels  
Cleaning Supplies  
Adult Depends  
Infant Diapers  
Infant Formula  
Shampoo  
Soaps  
Toothpaste  
Toothbrushes  
Deodorant  
Disposable Razors

**We would love for you to stop by!**  
**7840 John Clayton Memorial Highway**  
**Gloucester, VA 23061**

**Please drop off perishable food items on**  
**Monday's 10AM - 2PM & Wednesday's 10AM - 4PM**  
**We have a drop box behind the building for nonperishable items.**  
**[www.breadforlifefoodpantry.com](http://www.breadforlifefoodpantry.com)**



2025 Monetary Donation



Amazon Donation List



Volunteer Signup